

Week 4 Weekly Group Study Questions

Select the correct clinical management for the stage of obesity listed below:

Stage 0: A BMI of 25 or more with no complications:

- A. Lifestyle therapy, drug therapy to be considered alone is ineffective or if BMI is 27 or more.
- B. Lifestyle therapy, drug therapy to be considered if lifestyle therapy alone is ineffective.
- C. Lifestyle therapy, drug therapy to be considered for BMI of 25 to 26, drug therapy to be initiated for BMI of 27 or more, bariatric surgery to be considered for BMI of 35 or more.

ANSWER: B.

Week 4: Weekly Group study

Write one exam-style question from this week's content

Question: For individuals with a body mass index (BMI) of 25 or more with at least one complication requiring significant weight loss, which of the following are recommended treatment options? Select all that apply.

a) Lifestyle modifications, including diet and exercise.

b) Prescription medication for weight loss.

Week 4: Weekly Group study

For individuals with a body mass index (BMI) of 25 or more with at least one complication requiring significant weight loss, which of the following are recommended treatment options? Select all that apply.

a) Lifestyle modifications, including diet and exercise.

b) Prescription medication for weight loss.

At which BMI range is bariatric surgery considered?

A. A BMI of 25-26

B. A BMI of 27 or more