

COLD &

ROUGH

Over The Counter
(OTC)

Student Name



X MOST COMMON COUGH CLASSES:

SUPPRESSANTS

- TS
- muci
- nex
- robitussin
- delsym
- d

EXPECTORANTS

- mucinex
 - guaifenesin
- robitussin
 - dextromethorphan
 - guaifenesin

ANTIHISTAMINES

- benadryl
 - diphenhydramine
- chlor-trimeton
 - chlorpheniramine
- zyrtec
 - cetirizine

INDICATION & DURATION OF THERAPY

- to control cough
- reflex "dry cough"
"unproductive cough"
- contact doctor if
cough lasts for
more than 2 weeks
or is chronic

- help loosen &
thin mucus
- do not take for
more than 7 days

TO RELIEVE -

- congestion
- runny
nose
- hives
- itching
skin rash