

NR565 FINAL REVIEW

HYPO/HYPERTHYROIDISM

What are signs and symptoms of hypothyroidism?

Hypothyroidism
Thick, Coarse, dry skin
Hyporeflexia, "hung up" patellar reflex
Slow thought process
Weight gain
Constipation
Menorrhagia
Cold intolerance, cold all the time

What are signs and symptoms of hyperthyroidism?

Hyperthyroidism
Smooth, Silky
Hyperreflexia
Mind racing
Weight loss
Diarrhea, loose, frequent stools
Oligomenorrhea
Heat intolerance, hot all the time

A patient is having just been prescribed levothyroxine. The NP put in a lab order to check TSH levels in:

1. 4-6 weeks 2. one week 3. 6-8 weeks 4. once a year