

## Asthma Treatment Algorithm:

To successfully treat asthma, you must first classify it and then be familiar with step therapy. For this assignment we will focus on patients 12 years and older. Complete the blanks in the following table to create an algorithm using your textbook as well as [GINA guidelines](#).

Step	Asthma Classification	Asthma symptoms and frequency as noted in textbook		Controller and Preferred Reliever: <i>(Drug Class and frequency if provided from GINA guidelines)</i>		
Step 1	Intermittent	Daytime symptoms	2 days a week or less	<b>Drug class:</b> Low-dose Inhaled Cortico Steroids (ICS) with Formoterol <b>Frequency:</b> As needed	Dr	
		Nighttime awakenings	2 times a month or less		Fr	
Step 2	Mild Persistent	Daytime symptoms	>2 days per week not daily			Dr
		Nighttime awakenings	3-4 times per month			w
Step 3	Moderate Persistent	Daytime symptoms	daily	<b>Drug class:</b> Low dose Maintenance ICS and Formoterol	Dr	
		Nighttime awakenings	More than once per week, <nightly		IC	
Step 4-5	Severe persistent	Daytime symptoms	Several times daily	<b>Step 4:</b> <b>Drug class:</b> Medium dose maintenance ICS with Formoterol	Dr	
		Nighttime awakenings	More than once per week, less than nightly	<b>Step 5:</b> <b>Drug class:</b> Add LAMA Consider High dose ICS-LABA <b>Refer for:</b> genetic assessment of		