

Week 1: Building A Community

- Introduce yourself to peers and faculty.
- Tell us about yourself and your personal interests.
- Share why you chose to be a Nurse Practitioner.
- What thoughts and feelings do you have about prescribing medications in your new role?

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Introduce yourself to peers and faculty.

Hello Dr. Okin-Ayileka and class,

My name is [REDACTED]. I am a registered nurse with ten years of experience. I am currently a clinical nurse III at Duke Regional Hospital and work in a Neuro/Oncology unit for four years.

Tell us about yourself and your interests.

I am a mother of two children, a 1-year-old son, and a 5-year-old daughter. I am married to my husband for seven years, and we live in a beautiful city called [REDACTED], in North Carolina. I love to travel, cook for my family, and have been engaged in some volunteering work with North Carolina Nepali Society. Besides this, I love to do gardening, hiking, and listening to music.

Share why you choose to be a Nurse Practitioner.

Initially, my mom encouraged me to become a nurse, and now it is my passion. I have been continuously learning and wanted to grow in my profession, where I will have some autonomy to help my patients, and then I decided to go to nurse practitioner school. Also, I am continually fascinated by the nurse practitioner I work with personally and professionally.

What thoughts and feelings do you have about prescribing medications in your new role?

As a student nurse practitioner, prescribing medications is challenging. It involves medicines, equipment, and services. It is a challenge because a family nurse practitioner sees a wide range of populations, and prescribing a medication to the pediatric, geriatric, pregnant, and lactating mother is different as they are the vulnerable population. Prescribing medicine involves a thorough knowledge and familiarity with the recent guidelines. It also