

## **NR 548 Week 3 Discussion**

Provide an example of how therapeutic communication techniques differ between nurses and psychiatric mental health practitioners (PMHNPs).

Select one verbal component of therapeutic communication. Discuss the importance of the component in relation to the overall goal of a therapeutic alliance.

Select one nonverbal component of therapeutic communication. Discuss the importance of the component in relation to the overall goal of a therapeutic alliance.

Discuss one pitfall to avoid when establishing a therapeutic alliance. Identify strategies the PMHNP can use to avoid this pitfall.