

NR548 Week 1 Reflection

This week you learned about the PMHNP scope of practice, including medication management and psychotherapy.

📺 Which of the two do you find more interesting? Why?

I find medication management more interesting because it fascinates me how medications work differently among patients who are often exhibiting similar symptoms of mental illness.

📺 Do pharmacotherapy and psychotherapy complement each other? Which modality should be implemented first?

Yes, I believe pharmacotherapy and psychotherapy complement each other. I feel that pharmacotherapy should be implemented first to correct any chemical imbalances in the brain then adding psychotherapy to learn coping skills to help the patient have the best quality of life possible when diagnosed with mental illness.

📺 How does your state nurse practice act impact your ability to prescribe psychotherapeutic agents?

The state of South Dakota allows full practice permits for NPs to practice independently and prescribe medications including class II-V controlled substances.

Write 1-2 paragraphs reflecting on your learning for the week. Address the guiding question or relate the reflection to what you found most significant for the week.

During week 1 we learned about some of the different issues that impact mental health practice including ethical issues, substance abuse, and mental health treatment disparities. I feel that substance abuse issues have the biggest impact on mental health treatment because such a large number of people who struggle with mental health issues also have use illegal substances.