

**NR 546 Week 7 Case Study- child and adolescent**

Subjective	Objective
<p>The client is a 7-year-old male accompanied by his mother and 9-year-old brother.</p> <p><b>Client’s Chief Complaints:</b></p> <p>“My son has endless energy, he can’t sit still. When he plays, he is too rough with other kids.”</p> <p><b>History of Present Illness</b></p> <p>This client was previously diagnosed with attention-deficit/hyperactivity disorder (ADHD). The school reports that he cannot stay seated, frequently calls out in class, is disorganized, cannot complete his assignments, and has been known to be disrespectful to adults. According to his mother, he is very impatient, distractible and impulsive. At age 3, the child was in the Head Start Program, and it was noted that he was demonstrating extreme hyperactivity, poor impulse control, and difficulty sustaining focus. Peer interactions were marked by aggression such as kicking and biting others. When told “no,” he would have extreme temper tantrums, where he would cry, scream, and destroy property. Such behaviors resulted in being permanently expelled from the program. At age 4, he was evaluated and diagnosed with ADHD, combined type. Medication was not prescribed at that time due to age.</p>	<p><b>Physical Examination:</b></p> <p>Physical Examination (Obtained by Pediatrician 2 Days Earlier)</p> <p>Height 48”, weight: 65 lb, BMI: 23.9</p> <p>Vital signs: B/P, 100/60; P, 78; R, 16; T, 98.4</p> <p>General: Well-nourished 7-year-old male</p> <p>HEENT: PERRLA, EOMI, vision is 20/20, and hearing acuity is unremarkable.</p> <p>Neck: No masses</p> <p>Pulmonary: No wheezing, rhonchi, or rales</p> <p>Cardiac: S1, S2</p> <p>Abdomen: No distension, bowel sounds × 4 quadrants, no masses or hernias</p> <p>Lymph nodes: No swelling</p> <p>Extremities: 2+ pulses bilaterally</p> <p>Skin: No lesions or edema</p> <p>Neuro: CN II-XII intact</p> <p>Mental status exam:</p> <p>Appearance: well-nourished 7-year-old male who appears stated age. He is casually attired in a striped collared shirt, jeans, and sneakers, appropriate for age and weather. Hygiene and grooming are good.</p>