

## **Naltrexone**

**Select one drug to treat the diagnosis(es) or symptoms.**

Naltrexone is a medication that helps patients suffering from alcohol disorders overcome addiction. This would be the best medication since the client has been suffering from alcohol abuse disorder for the last year and a half.

**List the medication class and mechanism of action for the chosen medication.**

Naltrexone belongs to the opioid antagonist class of drugs. The mechanism action of naltrexone is by blocking the effects of opioids by binding the opioid receptor in the brain that makes one want to use alcohol. This helps in protecting the patient from experiencing the 'high feeling' of wanting to use drugs (Roche, 2019).

**Write the prescription in prescription**

**format.** Name: JD

Date: 4/12/2023

Rx:

Naltrexone 50 mg tablet

Sig: Take 1 tablet by mouth daily

Dispense: 30 tablets

Refills: 0