

During the Week Three learning activities, the role of the MSN-prepared nurse as an educator is evident. Whether providing education to individuals, families, or groups, improving the knowledge surrounding health and illness is an integral component of advanced nursing practice, with health promotion often being the goal.

With learning from Week Three regarding the respiratory system in mind, as well as concepts surrounding health promotion from the previous weekly lesson, respond to the following:

- Describe a scenario involving either a chronic or acute illness involving the respiratory system that is different from the Shadow Health patient scenario.
- What health promotion model or concepts would you keep in mind as you initiate education, and why?
- Share 2 questions an MSN-prepared nurse could ask which would aid in assessing the patient's educational preparation and readiness to learn.
- Provide feedback to your peers for considerations related to age appropriate and culturally inclusive questions which would demonstrate an open mind and respect for differences.

Scenario: A 9-month-old is brought to this clinic by his mother for evaluation of a runny nose, cough, and a low-grade fever. The patient's also mother states that her child has had a decreased appetite and has been more irritable over the past few days. Upon assessment, you observe a temperature of 100.7 and "barky" cough with audible stridor. The patient is diagnosed with croup. Pender's Health Promotion Model: In preparation to educate the patient's mother, I will use concepts from

Pender's Health Promotion Model. The concepts I will use include assessing perceived barriers, assessing support system, and assessing personal factors including those of a biological, psychological, and socio-cultural nature. When assessing perceived barriers, it is important to understand that perceived barriers can hinder commitment to action resulting in poor achievement of health. When assessing support systems, it is important to understand that change and healthy behaviors are more likely to occur when others model the behavior and support the change. When assessing personal factors, it is important to understand that these factors influence the ability of a person to achieve good health. I will also assess the mother's current knowledge about croup.

Questions to assess educational preparation and readiness to learn: The first question I would ask the patient's mother is if she is familiar with the diagnosis of croup. If she answers no, I will then proceed to educate her on the diagnosis including what it is and treatment options. If she answers yes, I will ask her to tell me what she knows about it. By doing this, I can assess her current knowledge and understanding regarding croup and include additional information as needed. The second question I would ask is how they learn best. This question will help me to understand the best, most efficient way to present educational information that is easy for the