

Self-Assessment of NLN Core Competencies for Nurse Educator **Worksheet**

You are to reflect upon and complete a self-assessment at the beginning of Week 1 and submit it by 11:59 p.m. MT Sunday to identify your level of competency for each of the sub-competencies listed on the worksheet (see example). In the first column, identify the course outcomes which are aligned with the NLN Nurse Educator Core Competencies. The Course Outcomes are listed in the second column. The individual sub-competencies however by meeting the course outcomes, you will be able to increase your knowledge, skills, and abilities for the Core Competency identified for this course. In the final column for Week One, identify a specific example of what you did to meet the course outcome (possible points = 50).

In Week 8, you will again identify your level of competency for each of the sub-competencies listed on the Week One worksheet. In the final column you will give a specific example that shows how you demonstrated each course outcome. The assignment is to be submitted by 11:59 p.m. MT Wednesday of Week 8 (possible points = 50).

In the highlighted selection below, select the number that best represents your confidence that you meet each sub-competency for your education career.

- 1= I am not confident at all that I meet these competencies; I need significant education and practice in this area.
- 2= I am somewhat confident that I meet this competency but could use some additional education and practice in this area.
- 3= I am very confident that I meet this competency and do not need additional education or practice in this area except for continuing education to update my skills.

Remember you are still in the development stage so not all (or any) of the competencies are expected to be at level 3 by the end of the course.