NR 511 week 5 quiz

- 1. A 68-year-old man complains of lower abdominal pain, anorexia, extreme fatigue, an unintentional weight loss of 15 pounds in the last 3 weeks, and you find a positive hemoccult on digital rectal examination. Laboratory tests show iron deficiency anemia. Which diagnosis should the NP consider?
 - a. diverticulitis
 - b. appendicitis
 - c. colon cancer
 - d. peptic ulcer disease (PUD)
- 2. A 38-year-old male patient has recently had an ileostomy for ulcerative colitis. Which self-care measures should the clinician teach him about to relieve food blockages?
 - a. massage the peristomal area
 - b. lie in the supine position
 - c. drink cold fluids
 - d. take a hot shower or bath
- 3. A 67-year-old female on multiple medications for chronic conditions was just diagnosed with gastroesophageal reflux disease (GERD). In teaching the patient about the disease, what medication should the clinician recommend that the patient refrain from using?
 - a. nonsteroidal anti-inflammatory drugs
 - b. oral contraceptives
 - c. antifungals
 - d. antibiotics
- 4. An 82-year-old female has been diagnosed with irritable bowel, chronic constipation, and diverticulosis following a colonoscopy. Which pharmacological agent should the clinician recommend?