

Student Name

Chamberlain University

NR509: Advanced Physical Assessment

Dr. Gordon

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Week 8 Reflection

Describe how course assignments or activities will help you achieve Program Outcome 1:

Provide high-quality, safe, patient-centered care grounded in holistic health principles (Holistic Health & Patient-Centered Care).

NR 509, the Advanced Physical Assessment course, was a very challenging but beneficial experience. I felt that it would ground my knowledge of holistic health principles while providing a high-quality, safe, and patient-centered care foundation. The I-human assignments strengthened my skills in history and physical assessment, determining key findings, testing and laboratory studies, diagnosing and creating a sufficient care plan. These assignments helped to combine all the knowledge learned from this NP track program to prepare for clinical rotations where we will be treating patients with a wide variety of conditions. My greatest fear is coming into practice and not being able to provide quality care. These assignments are tools to gain confidence in caring for patients in the clinical aspect. I also felt that the physical assessment assignment helped to strengthen and understand all assessment skills for real-world practice in clinical hours. It is important to practice all aspects of care before seeing real patients and adds knowledge and experience when having the opportunity to practice virtually. This ensures secure safe, quality, and patient-centered care in a clinical setting.