

NR 509 Physical Examination Grading Rubric

Hello, my name is and I will be demonstrating a physical examination for the NR509 advanced physical assessment course.

Can you first tell me what your name and date of birth is and please let me know if you consent to this physical exam and video?

HEAD AND FACE
<u>Inspects facial skin- note abnormal lesions- I will begin with inspecting your face. I don't see any discolorations or any lesions.</u>
Inspect head for size, symmetry, midline position- Next, I will note that her head is midline and it is symmetrical.
<u>Palpates lymph nodes of the head and neck: preauricular, postauricular, occipital, tonsillar, submandibular, submental, anterior cervical, posterior cervical, supraclavicular (verbalize these)</u> Next, I will proceed into palpating the lymph nodes, and I will begin normally with the preauricular lymph nodes, right in front of the ear, and postauricular, right behind the ear. Then I will palpate her occipital lymph nodes in the back of the head. And then I'm going to move forward and palpate the tonsillar lymph nodes. Come under the jawline, the submandibular lymph nodes, and the submental. Now I will go to the anterior cervical lymph nodes, and the posterior cervical lymph nodes. And I will end with the supraclavicular lymph nodes right about the clavicles. I do not feel any enlargement, and they are equal bilaterally.
CN 5 (Trigeminal) <u>Motor – palpate over the masseter muscle as patient clenches jaw</u> Next, I will test the trigeminal nerve, which is cranial nerve number five. It has a motor component, and I will palpate over the masseter muscle as she clenches her jaw. And I don't feel any distortions, and she has great strength. <u>Sensory – light touch sensation to forehead, cheeks, chin, nose (patient closes eyes and identifies where they are being touched)</u> And I'll ask Sarah to close her eyes, and let me know where she feels my touch. Forehead, right cheek, left cheek, chin, nose.
CN 7 (Facial) <u>Inspect for facial symmetry with smile, frown, raise eyebrows, puff cheeks, pucker lips</u> Next, I will test her facial nerve, which is cranial nerve number seven. And I'm going to ask her to do some facial expressions. And I'll ask for her to begin with a smile, and I know that is symmetrical. Next, frown for me. OK. Now raise your eyebrows and go ahead and puff up your cheeks, and you notice they're equal bilaterally. And now I want you to pucker your lips, very tight pucker. So that looks good. Thank you.
EAR