

[Week 4: Weekly Group Study](#)

A 48-year-old female comes to your clinic for evaluation of fatigue and weakness. As part of your physical examination, you listen to her heart and hear a murmur only at the cardiac apex. Which valve is most likely to be involved, based on the location of the murmur?

- a. Tricuspid
- b. Aortic
- c. Pulmonic
- d. Mitral

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The following are all modifiable lifestyle modifications for the treatment/prevention of HTN except:

- A. Smoking cessation
- B. Limiting or eliminating alcohol
- C. Regular physical activity
- D. Age