

Adolescent client who is reluctant to answer questions

Create a scenario depicting an interaction between an NP and a client. Describe the setting and type of encounter.

Brandon is a 16-year-old adolescent male client coming into the ER for suicidal ideation and cutting. After being triaged, he is placed in a room and accompanied by his mother. The nurse practitioner enters the room shortly after, and asks “how can I help you today”? The client ignores the provider and continues to scroll through his phone. The provider asks if it is ok that his mother explains what is going on. The patient states, “I don't care”. As his mother starts to explain that he made a comment to a peer at school, and that comment consisted of a specific plan he has decided to use to commit suicide. He explained that he has been cutting the sides of his thighs, where his mother could not see. The peer reported this conversation to the school counselor, and he was sent to the ER for clearance. Brandon then stands up and explodes in anger, “I told you not to refer to me as Brandon any longer! My name is Brea not Brandon”. His mother quickly apologizes and asks the client if he would like to finish telling the provider what happened. Brea states that “this is why I cut myself, because she never cared about me”. Brea then goes on to tell the provider he is confused, and everyone at school make fun of him. He feels isolated and scared. The provider asks when these feelings started, and he completely shuts down and refuses to answer any questions the provider is asking. The provider tries to steer the encounter back to doing a physical assessment and tries talking directly to the client and building a rapport. The provider asks if the client's mother could leave the room for a few minutes, to let the client, talk freely with the provider. The client explains that he is unwilling to participate because he has been to “multiple programs, and psychiatrists, and nothing works”. He goes on to explain that he does not want any medications because medications “make him zombielike”. He prefers to do drugs (anything that is offered), drink alcohol, and engage in risky sexual behavior, because “he hopes he dies anyway”.

Describe the client's challenging behaviors related to the topic assigned.

The client's challenging behaviors include communicating challenging feelings or actions. The client is expressing anger, manipulation, and resistant behaviors. Rather than expressing his thoughts and feelings, he is looking at his phone, ignoring the provider, and blaming his mother for his negative behavior.

Examine the potential impact of the client's behavior on the client-provider relationship.

The challenging behavior could potentially impact the client-provider relationship by causing the NP to feel frustrated and unable to provide the best care for the client. These behaviors impact aspects of empathy, understanding, and emotional approach to the patient ((Molina-Mula & Gallo-Estrada, 2020)