

HPI: A.W. is a generally healthy 23 YO female who presents with chief complaint of sore throat and associated headache, fever, and swollen neck glands for 2 days. States she is taking Tylenol for fever and eating ice cream to alleviate sore throat. The pain in the throat is 11/10 and "feels like an ice pic". States she is also not trying to talk as much due to pain.

PMH: infectious mononucleosis at age 15, up to date on immunizations, has not gotten flu shot this year

Current Medications: OTC Acetaminophen, OCP -Drospirenone/Ethinyl Estradiol

Allergies: No known drug allergies

Preventive Health: birth control pills, condoms

Family Hx: mother - hypertension

Social Hx: Denies smoking, socially drinks 2-3 drinks a week with fellow law school students, sexually active with one male partner, lives with one roommate who had a sore throat earlier this week

Focused ROS:

Constitutional- fever, chills. Denies weakness, fatigue.

Neuro - Headache. Denies numbness, tingling, lightheadedness, neck stiffness.

HEENT - Sore throat, hoarseness. Denies eye redness, eye discharge, earache, oral ulcers, congestion, rhinorrhea.

Respiratory - Denies cough, difficulty

breathing. Cardiac - Denies chest pain.

GI - Denies appetite change, food intolerance.

Focused PE findings:

General - temp 101.5 F, BP 124/80 right arm, HR 96, RR 16, O2 98% RA, alert and oriented x4, age appropriate, mild distress, non-toxic appearing.

Skin - warm to touch. No diaphoresis, rashes noted.