

NR 509 – Week 1 Post

Neighborhood and Built Environment

Correctly identify your assigned social determinant. Briefly define the determinant and describe how it impacts healthcare outcomes.

Neighborhoods and Built Environments are classified as surrounding or communities where people live. The community can impact human health and well-being. A healthy community includes access to foods that support healthy eating patterns, quality of housing, low crime, low violence, and environmental conditions. According to Healthy People 2030, there are a lot of neighborhoods in America that have high rates of crime, unsafe water, and violence (U.S. Department of Health and Human Services, n.d.). The people who live in these areas are more likely to live in neighborhoods with bad drinking water or polluted air which makes them more susceptible to health problems (U.S. Department of Health and Human Services, n.d.). They also lack fresh produce due to a lack of grocery stores, poor public transportation, and limited access to healthcare services.

Select an objective related to your assigned social determinant from the Healthy People website linked above. Identify the status of the objective and the population to whom the objective applies.

According to Healthy People 2030, racial/ethnic minorities and people with low incomes are more likely to live in places where high rates of violence, unsafe air or water, and other health and safety risks (U.S. Department of Health and Human Services, n.d.). Also, some people are exposed to things at work that can harm their health, like secondhand smoke or loud noises (U.S. Department of Health and Human Services, n.d.). Healthy people 2030 have an objective like reducing violence, environmental health by increasing safe drinking water, reducing pollutant, housing, and home-like reducing lead in blood, decreasing housing pricing, injury prevention by reducing motor vehicle crash, physical activity encouragement, respiratory health, tobacco use reduction, workplace safety, increasing transportation. Many of the objectives from this are in baseline status (U.S. Department of Health and Human Services, n.d.).

Provide at least three appropriate questions related to the chosen objective that the NP could incorporate into the health history and interview to assess the client and family.

It is very important for NP to assess patients' living conditions. NP can ask about the current living situation. Second, ask if the patient has any access to transportation. And last, ask about any struggle with getting food, medication, or health access.

Identify at least two online, national, or local resources and explain how the resources could help meet the chosen objective for at-risk clients or families.