

## **Week 1 Discussion**

- **Examine the overview of your assigned social determinant of health on the [Healthy People \(Links to an external site.\)](#) website. Define the determinant.**
- **Describe how the assigned social determinant could impact the health outcomes of a client.**
- **Identify what information the NP could gather to assess the impact of the determinant for the client.**
- **Discuss at least two online, national, or local resources available for at-risk clients and families for the selected determinant.**

### **My social determinant of health topic is on Economic Stability.**

Measuring the status of health care in a population is considered an important task in determining the population's health. In assessing health care, several factors must be evaluated to get an accurate picture of one's overall health. One such factor to assess is economic stability (Healthy People 2030, n.d). Economic stability is defined as the connection between the economic resources people have such as their income, cost of living, education, socioeconomic status, and their health. This area includes key issues such as poverty, employment, food security, and housing stability.