

## Case Scenario

A 76-year-old man is brought to the primary care office by his wife with concerns about his worsening memory. He is a retired lawyer who has recently been getting lost in the neighborhood where he has lived for 35 years. He was recently found wandering and has often been brought home by neighbors. When asked about this, he becomes angry and defensive and states that he was just trying to go to the store and get some bread.

His wife expressed concerns about his ability to make decisions as she came home two days ago to find that he allowed an unknown individual into the home to convince him to buy a home security system which they already have. He has also had trouble dressing himself and balancing his checkbook. At this point, she is considering hiring a day-time caregiver help him with dressing, meals and general supervision why she is at work.

**Past Medical History:** Gastroesophageal reflux (treated with diet); is negative for hypertension, hyperlipidemia, stroke or head injury or depression

**Allergies:** No known allergies

**Medications:** None

### Family History

- Father deceased at age 78 of decline related to Alzheimer's disease
- Mother deceased at age 80 of natural causes
- No siblings

### Social History

- Denies smoking
- Denies alcohol or recreational drug use
- Retired lawyer
- Hobby: Golf at least twice a week

### Review of Systems

- Constitutional: Denies fatigue or insomnia
- HEENT: Denies nasal congestion, rhinorrhea or sore throat.
- Chest: Denies dyspnea or coughing
- Heart: Denies chest pain, chest pressure or palpitations.
- Lymph: Denies lymph node swelling.
- Musculoskeletal: denies falls or loss of balance; denies joint point or swelling

### General Physical Exam

- Constitutional: Alert, angry but cooperative
- Vital Signs: BP-128/72, T-98.6 F, P-76, RR-20
- Wt. 178 lbs., Ht. 6'0", BMI 24.1

### HEENT

- Head normocephalic; Pupils equal and reactive to light bilaterally; EOM's intact

### Neck/Lymph Nodes

- No abnormalities noted

### Lungs

- Bilateral breath sounds clear throughout lung fields.

### Heart

- S1 and S2 regular rate and rhythm, no rubs or murmurs.

### Integumentary System

- Warm, dry and intact. Nail beds pink without clubbing.