## NR 504 Week 8: Synthesis and Reflection of Learning

Reflect upon the learning that you have accomplished throughout the previous weeks, and assess your achievement of each of the five course outcomes.

- CO 1: Discern leadership approaches that facilitate achievement of health outcomes through interprofessional collaborative practice within micro-, meso-, and macro-level systems.
- CO 2: Appraise the role of the MSN-prepared nurse to lead safe, efficient, ethical, highquality, person-centered healthcare across complex systems.
- CO 3: Integrate communication modalities that convey cultural humility, value the diverse nature of individuals, and cultivate healthful work environments.
- CO 4: Apply change and leadership theories to plan sustainable, evidence-based quality improvement within an atmosphere that supports care for self and others.
- CO 5: Recognize individual strengths and opportunities for enhancement regarding leadership characteristics reflective of a MSN-prepared nurse.

For each course outcome, explain the learning that you accomplished. Include at least specific learning activity or assignment that contributed to your achievement of that outcome, and explain how it supported your learning.

Conclude with your plans for continued professional development of leadership competency within your future MSN role.

Include current, peer-reviewed scholarly support (outside of class resources) to validate your work.

## Dr. C and Fellow Classmates

This class has taught me a lot about leadership and how the Masters prepared nurse is well prepared to influence and lead change. One of the most effective leadership approaches we learned about was the transformational style with an authentic, servant approach. This style inspires engagement and collaboration within a relationship between leader and follower. This leadership approach can be used at the micro-level to influence change that is focused on to a specific area, for example a nursing unit in a hospital. At the meso-level, this style can inspire change within a larger