

Final Quiz Concepts to Review:

-Health Disparities:

Health disparities are preventable differences in the burden of disease, injury, violence, or opportunities to achieve optimal health that are experienced by socially disadvantaged populations. Health disparities are inequitable and are directly related to the historical and current unequal distribution of social, political, economic, and environmental resources.

Disparities occur across many dimensions, including race/ethnicity, socioeconomic status, age, location, gender, disability status, and sexual orientation.

-Action Model

The **Action Model** addresses the places where health starts — where we live, learn, work, and play. The action model shows a feedback loop of intervention, assessment and dissemination that would enable achievement of Healthy People 2020 overarching goals. It is adapted from an Institute of Medicine (IOM) model that illustrates the determinants and ecological nature of health across the life course. Interventions, such as policies, programs and information, affect the determinants of health at multiple levels (e.g., individual; social, family and community; living and working conditions; and broad social, economic, cultural, health and environmental conditions) to improve outcomes. Results of such interventions are demonstrated through assessment, monitoring and evaluation. Through dissemination of evidence-based and best practices, these findings feedback to intervention planning to enable the identification of effective prevention strategies in the future. **(helps to improve outcome)**

A Call to Action: It falls to nurses and midwives, the most numerous and arguably most patient-centered component of the health workforce, to assume a leadership role in addressing planetary