

NR 501 Week 8 Peer Review Discussion

Please check for my grammar, punctuation, sentence structure and content. Sorry for my errors ESL student. My response is highlighted in light blue. Thank you so much.

I am responding to this post.

Healthcare continues to change on a daily basis. One trend that I believe will be important to consider when I become a Family Nurse Practitioner (FNP) is the use of alternative medicine. The popularity of essential oils, supplements, dietary restrictions and other alternative therapies continues to rise. It is important to understand and identify the use of these therapies by patients because they could have interactions with current treatment plans. I also believe it is important to discuss the use of alternative therapies with patients in order to create the best treatment plan. In my opinion, the incorporation of alternative therapies with modern medicine is the perfect example of the use of McCormack and McCance's Person-Centered Nursing (PCN) Framework. As we have previously discussed, the first layer of

this framework is known as prerequisites and refers to the competency, knowledge and beliefs of the provider (McCormack et al., 2015). This is especially important when considering alternative therapies. The FNP must be knowledgeable about interactions of the alternative therapies with medications. The FNP must also consider his or her own beliefs about these alternative therapies and understand that the patient may have different beliefs. The care environment aspect of the PCN Framework would especially apply in regards to risk taking and innovation (McCormack et al., 2015). Supporting a patient's alternative therapies may require the provider to be innovative with care and think outside the box. The person-centered processes are the most important part of the PCN framework that supports incorporating alternative therapies. The person-centered processes require the provider to understand the beliefs of the patient and also allow the patient to share in decision-making (McCormack et al., 2015). In the case of alternative therapies, the provider must understand why the patient chooses to use them and fully educate the patient on the plan of care. In my opinion, if the provider is not willing to help the patient incorporate alternative therapies with modern therapies the patient may not be compliant. Lastly, the outcomes would be met in this type of scenario if the patient and provider were able to develop a plan of care that incorporated the alternative therapies chosen by the patient, but also suggested therapies by the FNP.

Overall, patients are becoming more educated and concerned with their health. This may include choosing alternative therapies. The PCN framework supports that as providers we must always consider what works best for that particular patient.