

## **Week 6 Discussion: Culture and Caring Theories**

Which of the culture and caring theories most resonates with you for your practice as an NP? How does the theory integrate the nursing paradigm? What parts of the theory do you identify with? How does the theory help to meet CLAS standards to advance health equity?

### **Answer**

The quality care approach supports the interconnection between nursing and quality health results. It is a model that seeks to preserve the purpose of nursing within the actualities of modern health care. (Smith, 2019) The quality care model is founded on constructs. The first construct is structure, which involves the participants who comprise patients, practitioners, and the healthcare system. Patients have health care needs and have specific characteristics such as acuity. Nurse practitioners have particular qualifications that may affect the care processes and the outcomes. The healthcare system comprises various elements such as organizational culture. The second construct is founded on relationship and caring factors. The caring relationships relate to people and their connection with diseases and health. Nurses have the professional ability to put themselves in another individual's context to understand their way of being, and this is the foundation identity of caring relationships.