

NR 501 Week 4 Discussion: Nursing Theory

Identify your specialty area of professional practice. Select a nursing theory from the list of specialty track specific theories provided in the lesson plan or one of your own findings. Address the following:

- Origin
- Meaning and scope
- Logical adequacy
- Usefulness and simplicity
- Generalizability
- Testability

Finally, provide an example how the theory could be used to improve or evaluate the quality of practice in your specific setting. What rationale can you provide that validates the theory as applicable to the role of the nurse practitioner.

Hello class,

My specialty track for my master's degree is the executive track. The theories that perfectly go with my master's degree are the leadership theories. There is the great man theory which basically states that leaders are born with the traits they have just like athletes.

Unfortunately, this theory is not so popular anymore because finding up to date information was difficult. We live in times of equality this theory was predominantly for males and does not apply in today's time. In the 1900s the theory was still popular. Leaders are born with just the right traits and abilities for leading such as charisma, intellect, confidence, communication skills, and social skills. The theory suggests that the ability to lead is inherent of that that the best leaders are born, not made. It defines leaders as valiant, mythic, and ordained to rise to