

## **Week Two Reflection**

- Provide one specific example of how you achieved the weekly objectives.
- What do you value most about your learning this week?
- What else about the weekly topics do you need to explore to further grow as a future NP?
  1. Explore an area of interest through patterns of knowing (CO 1)
  2. Analyze the benefits of reflection for shaping and understanding theory. (CO 2)
  3. Differentiate between the received and perceived schools of scientific thought. (CO 2)
  4. Examine different patterns of knowing in nursing. (CO 2)
  5. Examine the components of the nursing metaparadigm.