

Slide 1:

- Title: Area of Interest: Depression in Teenagers
- Name: McKayla Lambert
- School: Chamberlain University: Family Nurse Practitioner Track
- Class: NR500NP Foundational Concepts and Advanced Practice Roles
- Teacher: Dr. Susan Thomas
- Date: October 9<sup>th</sup>,

2022 Slide 2:

- Title: Area of Interest: Depression in Teenagers
- This presentation will address:
  - o Evidence-Based Practice (EBP)
  - o Conceptual Model
    - John Hopkins Evidence-Based Practice Model
  - o Area of Interest
    - Depression in teenagers
- Issue/Concern and Recommendation for change
- National Organization of Nurse Practitioner Faculties (NONPF)

Competencies Speaker Notes:

- Evidence Based Project: I will be discussing what EBP is and the importance of using EBP as an FNP.
- Conceptual Model: I will discuss the use of the John Hopkins Evidence-Based Practice Model.
- Area of Interest: Depression in teenagers is more common than people like to think. I would like to discuss the occurrence in teens and the importance of treating and preventing depression in teenagers.
- Issue/Concern and Recommendation for change: The issue I would like to address is the lack of access to mental health providers and my recommendation to attempt to correct the issue.
- NONPF Competencies: I will be discussing two NONPF competencies and how they relate to depression in teenagers.

Slide 3:

- Title: Evidence-Based Practice
  - o What is EBP?
  - o Why is it important?
    - Allows application of best practice
    - Improves patient outcomes
    - Enhances critical thinking
    - Expands knowledge

Speaker Notes:

- According to the University of Phoenix, evidence-based practice is the use of the most current research to provide the most accurate care to obtain the best patient outcomes (Nelson, 2022). EBP encourages healthcare providers to use critical thinking skills while expanding their knowledge. By applying EBP to practice we can reduce time and resources. All these outcomes from EBP lead to increased patient satisfaction, decrease patient mortality and medical errors.
  - o Nelson, B. C. (2022, February 15). *What is Evidence-based Practice? | Definition and All Six Steps*. University of Phoenix. [https://www.phoenix.edu/blog/what-is-evidence-based-practice-in-healthcare.html?\\_tt=f60f59a9-e8d2-4ac5-83e1-02c6c2f000e6](https://www.phoenix.edu/blog/what-is-evidence-based-practice-in-healthcare.html?_tt=f60f59a9-e8d2-4ac5-83e1-02c6c2f000e6)

Slide 4:

- Conceptual Model
- John Hopkins Evidence-Based Practice Model
  - o What is the purpose?
  - o PET
    - Practice questions
    - Evidence
    - Translation

Speaker Notes: