

Week 6 Discussion: Transformational Leadership

Transformational leaders influence those around them and therefore have the potential to alter the culture of a unit or organization. Please address the following topics:

- Summarize your general beliefs of what makes a good leader.
- Regarding the transformational leadership skills discussed in our required article reading, how do you think your leadership style is perceived by others?
- What aspect of the *TEACH* values discussed in the lesson do you think would most benefit your work environment if adopted?

Answer:

In my 20 plus years as a nurse, I have found that the very best leaders have worked their way up from bedside nursing to the management level. These nurses not only have the expertise that comes from education, but the hands-on experience to understand the day to day activities and frustrations that the staff nurse experiences.

I have been a charge nurse in both the ICU and the emergency departments, I hadn't reflected on my style until this week. According to Boamah, Laschinger, Wong and Clark (2018), I influence my team members by providing access to information "Access to information refers to having knowledge of organizational goals, values, and policies as well as the technical knowledge and expertise required to be effective at work".

The TEACH values accurately reflect the goals I try to reach daily. I believe that Teamwork is very important in the emergency department for quick, safe care. I have been told that sometimes I don't always promote it as strongly as I should. Perhaps I do get distracted by the one million other things a charge nurse has to keep up with.