

Week 6 Assignment: EBP Change Process form

ACE Star Model of Knowledge Transformation

Follow Nurse Daniel as your process mentor in the weekly Illustration section of the lesson.

Name: _____ Student Name _____

Star Point 1: Discovery (Identify topic and practice issue)

Identify the topic and the nursing practice issue related to this topic. (This MUST involve a nursing practice issue.)

The topic is hospital acquired infections. The nursing practice issue is catheter associated urinary tract infections and the high incidence on an acute rehabilitation unit.

Briefly describe your rationale for your topic selection. Include the scope of the issue/problem.

The nursing practice issue I would like to investigate is healthcare associated infections (HAI), particularly catheter associated urinary tract infection (CAUTI). CAUTI is very important to investigate because I believe HAI's can be decreased, if not prevented. Being that nurses are educated on the possible causes or symptoms of HAI's, we can be more proactive in our treatment plans. If a patient falls, that can be an unpredictable event but HAI's are more so predictable. With CAUTI, making sure that the perineal area is cleaned on a regular, consistent basis is important. Providing proper interventions to not keep an indwelling catheter in longer than necessary is also important.

Urinary tract infections are one of the most common hospital acquired infections. At least 80% of urinary tract infections can be attributed to an indwelling urinary catheter. There are approximately 13,000 annual deaths associated with catheter associated urinary tract infections (CAUTI). CAUTIs can lengthen hospital stays, increase morbidity and mortality, and raise healthcare costs.