

Week 1 Discussion: Our Care Culture

Care expressed and practiced in professional nursing models provides a way of looking at the nursing role from the aspect of care. It may seem excessive to consider aspects of caring and compassion in nursing. However, precisely because it IS nursing makes it crucial to our continual progress of defining and upholding one of our central professional principles.

Address each of these items:

- Reflect on a caring and compassionate experience with a patient or family encountered in your practice.
- How was your compassion demonstrated?
- How does your thinking about compassion expand to include self and colleagues?

Reflect on the iCARE Self-Assessment and share an insight related to this discussion.

Hi everyone!

During my fourth semester of nursing school, I remember having a caring and compassionate experience with a patient. I had a patient who was DNR/DNI, receiving comfort care, and did not have any family members listed in his chart. During my interview, he expressed his sadness at the fact that he was about to die and that no one would grieve his passing. He sounded defeated. So my first instinct is to stay with him and simply listen. I held his hands while he reminisced about his past. I knew it wasn't much, but the smile he gave me at the end of my day with him was the most fulfilling thing. I told my instructor what had transpired during