## Hello professor and class,

This week I learn how evidence base practice is important to nursing. Evidence-based practice (EBP) is the process nurses and other clinicians use to inform client care and delivery decisions. EBP is the foundation for safe and effective healthcare, and ensures that evidence is the basis for practice decisions rather than eloquence or tradition. EBP is in all area of nursing, nursing research and the evidence generated impact how nurses provide care from nursing care process, basis for client care, policies and procedures, and client management tools. I look forward to learn more about EBP throughout this course.

## Reference

Edapt. (2022). Introduction to evidence-base practice. Retrieved from https://adtalem.edapt.ai/student/course/2fcf0b4f-3d9e-42db-9ffa-4a2e6d197b3d;cland=1/unit