

Week two focused on evidence-based practice (EBP). EBP is the standardized process of how to care and treat patients in the best, proven method, this involves patient care and nursing practice. EBP assists the nurse in providing better health care to our patients and community. Nurses need to think critically with evidence-based resources. Research based practice should be kept up to date, and nurses will need to check frequently for new research to better care for the patient.

Reference:

Houser, J. (2023). *Nursing research: Reading, using, and creating evidence* (5th ed.). Jones & Bartlett. Retrieved from: [https://ambassadored.vitalsource.com/reader/books/9781284254730/epubcfi/6/102\[%3Bvnd.vst.idref%3Da050_Ch03_09\]!/4/2/10/6/2/1:56\[hen%2C%20sc\]Links to an external site.](https://ambassadored.vitalsource.com/reader/books/9781284254730/epubcfi/6/102[%3Bvnd.vst.idref%3Da050_Ch03_09]!/4/2/10/6/2/1:56[hen%2C%20sc]Links to an external site.)