

## NR 442- Community Health Exam 1

\*\*Health: state of complete physical, mental, social well-being not merely the absence of disease

Community Health: public focusing on promotion, prevention, maintaining health of the community by identifying ppl @ risk. Preserve the health of the community

Public Health: assess, policy development, assurance. MAIN FOCUS IS PREVENTION!

<u>*Community Oriented Care</u>	<u>*Community based Care</u>
-whole; "boaid" -focuses on whole population -primary goal is health prevention and promotion  -ex: hosting meeting in community on diabetes	-focuses on individual care and families -1:1, focused -primary goal is management of acute/chronic disease  -ex: 1:1, family, hospice, home health, school nursing

### \*Nightingale's Environmental Theory

- Improve relationship between patient and environment
- Increase sanitation, assessing, analysis
- Political advocate for pt
- -study stats of epidemiology

### Core function of Public Health

- Monitor health to identify and solve community problems
- Dx health problems/hazards in community
- -inform/educate about health issues
- mobilize and link to health resources
- Evaluate effectiveness (teach back method)