## **Week 5 Discussion: Evidence-Based Practice Changes** *With Responses*

There was much progress in nursing evidence during the 20<sup>th</sup> century. Choose one area that interests you where the evidence guiding nursing practice changed during the 20<sup>th</sup> century and tell us about this change. I look forward to reading your ideas!

## **Answer**

Hello Professor and classmates,

In Chapter 8 on Judd & Sitzman, there was a discussion point where the appearance of the nurse changed due to turbulence received from the nurses. Judd & Sitzman discuss how nurses were to be obedient and show respect by standing when supervisors and doctors had entered the room to give orders, and that they would be devoted to the nursing profession. The text mentions, "The students had been warned that if they chose to "bob" their hair, which was then fashionable, they would lose the privilege of wearing their caps. All of the nursing students cut their hair; when confronted about it, they cooperatively relinquished their caps as well as their uniforms. As this interfered with their ability to work in the hospital, their uniforms were soon returned. Much to the surprise of the students, all of the nursing instructors arrived the next week with their own hair 'bobbed.' (Judd & Sitzman, pg. 156). These