

**NR 393 Week 4 Discussion; Impact of 19th Century Nurses  
(With Responses)**

**Important nurses of the 19th century are often overshadowed by Nightingale's prominence. Select one 19th century nurse other than Nightingale and describe this person's contributions to leadership and/or nursing care. We look forward to reading about the nurse you select!**

**Answer**

Clara Barton is regarded as one of the most illustrious women in American history, having founded the American Red Cross in 1881. Clara Barton's accomplishments in nursing and humanitarian initiatives began at a young age. She was born in Oxford, Massachusetts, on December 25, 1821. She discovered her calling at an early age while caring for her older brother, who was recovering from a terrible illness. That most likely led to her learning and acquiring nursing skills, which she eventually employed during the Civil War. She became a teacher at the age of 18 and founded New Jersey's first free school( Strickler, 2018, p.42).