## NR 393 Week 3 Discussion: Nightingale Information New to You

The basic story of Florence Nightingale is familiar to most nurses. This week we learned more about Nightingale's life and work. Select one area of Nightingale's leadershipthat was new to you and tell us how this changed your understanding of this important woman and her contributions to nursing.

## Answer

Florence Nightingale is a great nursing icon since 1853 when she began caring for Soldiers during the Crimean war and she will continue to be. She developed a God-fearing habit to help and assist the sick and poor people within her community.

Throughout the years I have to realize how I have come to realize why she remains a household name in the profession today. One of Nightingale's legacy that I learned about is that she is the predecessor of evidence-based practice (EBP). She was the first nurse to systematically collect data and then analyze it statistically to justify proposed policy and treatment protocol changes