

## NR 360 – Information Systems in Healthcare

### Week 1

#### Introduction

**Hello everyone! I am sure nursing school is keeping all of us busy. It has been a long journey and I am so excited for this program to be over.**

My name is Rachelle. I have been in the healthcare field for seven years. I started as a Certified Nurse Assistant (CNA) then worked my way to become a Licensed Practical Nurse (LPN). My ultimate goal is to become a nurse practitioner, but that is if my brain will retain more knowledge after this program. I am a home health nurse. This job gives me so much flexibility to be able to manage my classes, labs, and clinical days. I visit patients in the comfort of their own home to do their wound care dressing changes, IV antibiotic infusions, medication reconciliation, education and to make sure that they are doing well after hospitalization.

Working fulltime is definitely a challenge but this is the only way I can pursue nursing school. If I have a choice, I would definitely stop working. However, I find it very helpful because I see my work experience as a part of my clinical experience. It helps enhance my assessment skills. Yes, it is hard, but this is the only way to go.

I do not have a lot of free time, but if I do, I spend my time outdoors. I love mountain hiking, snow skiing, fishing and kayaking. I also enjoy scenic long drives. Of course, Las Vegas does not offer a lot of outdoor activities and that is why during short breaks from school, I make sure I take enough time for my selfcare and family time.

I hope this term would go by fast. I am sure we will learn a lot on charting for our patients. Good luck everyone!