

Unit 7: Unfolding Case Study

No unread replies.No replies.

Lillian is scheduled for discharge today. What key information should she know about her medications?

For your second post this week answer the 'Hot Flash' questions.

Hot Flash

1. What are the current recommendations for hormonal replacement therapy in women? Choose either a prescription or herbal treatment to discuss.

Hi Class!

The key information that Lillian should know about her medications is make sure she does not stop them abruptly until she speaks with her doctor and he/she tells her otherwise. From previous posts, Lillian's medications are as follows: Captopril, Alprazolam, Insulin lispro, Tramadol, Furosemide, Ciproflaxcin, Pilocarpine eyedrops, Lasix, Acetaminophen, Zolpidem, Alprazolam, Albuterol, Ipratropium, Nicoderm, Bisacodyl. It is important for Lillian to follow the proper dosages and times for the medications to be taken to avoid any unwanted interactions and complications of the drugs. You should explain to Lillian detailed medication information and how and when it is prescribed to take to make sure it is taken properly. Educate of proper storage of the meds, what to do if a dose is missed, refill information, potential side effects of each drug and when to call the doctor about any concerns.

Second Post: The current recommendations for hormonal replacement therapy in women is Estrogen therapy. There are different forms such as pill, patch, topical, vaginal. The main reason for prescribing estrogen is for women who have had a hysterectomy which is a surgery of removal of the uterus. Estrogen pills are the most common treatment for menopausal symptoms. There are many different kind of brands as well. Make sure to follow your doctor's instructions for dosing, these pills are usually taken without food. Some side effects of estrogen pills include: nausea, vomiting, bloating, stomach cramps, stomach upsetting, breast tenderness/pain/swelling, headache, weight changes.