

## NR 293 Week 5 Discussion: Unfolding Case Study

Lillian has been on her medication for pneumonia for 24 hours. The physician says the pneumonia is improving, but she also is having an acute exacerbation of her COPD and a chronic irregular heart rate. Her vital signs are T 37C, B/P 140/87, P 82 and irregular, R 12, and pulse oximetry 92% on 2L O<sub>2</sub> per nasal cannula. The physician is concerned about her blood pressure and wants to continue to watch it. She feels that Lillian will benefit from regular medication for her COPD while in the hospital and when she goes home. Lillian also is complaining of cigarette cravings and constipation. The physician is urging her to quit smoking.

The physician leaves the following orders.

- Albuterol MDI two puffs every 6 hours
- Ipratropium MDI two puffs every 6 hours
- Nicoderm 7 mg/24 hr transdermal patch daily
- Bisacodyl 10 mg suppository now x1 then 10 mg po daily
- Bathroom privileges
- Respiratory therapist to determine the need for O<sub>2</sub> at home.
- Cardiologist, Dr. B, to consult for irregular heart rate.

**For your first post, answer all of the following questions about the unfolding case study. Remember that you must also respond to at least one peer in this thread.**

Hello Professor and Class,