

# Week 2 Concepts: Pain

## Analgesic Drugs

### Prepare: Analgesic Drugs

Analgesic drugs are medications that relieve **pain**, but do not cause loss of consciousness.

### Pain

Match the terms with the appropriate description.

Sudden onset that subsides with treatment.	<b>Acute pain</b>
Skeletal muscle, ligament and joint pain.	<b>Somatic pain</b>
Level of stimulus needed to produce a sensation of pain.	<b>Pain threshold</b>
Organ and smooth muscle pain.	<b>Visceral pain</b>
Amount of pain a person can endure without impeding on normal daily function.	<b>Pain tolerance</b>
Persistent and/or recurring lasting over 3 months.	<b>Chronic pain</b>

Opioids can be classified as mild agonists and strong agonists. **Mild** agonists include codeine and hydrocodone and **strong** agonists include fentanyl, hydromorphone, meperidine, methadone, morphine and oxycodone.

### Self Check: Therapeutic Use and Pharmacologic Action

#### Treating Pain

**Opioid** drugs are used to treat moderate to severe pain. **Nonopioid** drugs are normally prescribed for mild to moderate pain.

#### Classifications

The three classifications of **opioid** drugs are agonist, agonist-antagonists and antagonists.

#### Nonopioid Medications

The most widely used nonopioid medication is **acetaminophen**. This medication also works as an **antipyretic** by acting on the hypothalamus, the section of the brain that regulates **temperature**.

### Self Check: Adverse Effects of Acetaminophen

Which of the following is the most serious adverse effect of acetaminophen?

**Hepatotoxicity**

Nausea

Vomiting

Constipation

### Self Check: Nonopioid Analgesics

Do not use nonopioid analgesics with which of the following conditions? Select all that apply.

Pregnancy

Asthma

**Allergy to the medication**

**Severe liver disease**

**Glucose-6-phosphate dehydrogenase (G6PD) deficiency**

### Reflect: Analgesic Drugs

#### Pharmacological Action

What is the pharmacological action of opioid antagonists?

Bind to pain receptors and cause a weaker pain response than does a full agonist

**Bind to a pain receptor but do not reduce pain signals**

Bind to opioid pain receptors in the brain to reduce the sensation of pain

Creates a weak bond to the mu opioid receptors which alters the perception of pain

### Adverse Effects

Which of the following are adverse effects of nonopioid analgesic drugs? Select all that apply.

- Dysphoria
- Anemia
- Constipation
- Hepatotoxicity
- Nephrotoxicity
- Respiratory depression

### Contraindications of Opioids

Which of the following is a contraindication for opioid analgesic use? Select all that apply.

- Constipation
- Vomiting
- Nausea
- Allergy to the medication
- Severe asthma

### Mild Opioid Agonists

Which of the following are considered mild opioid agonists? Select all that apply.

- Oxycodone
- Hydrocodone
- Meperidine
- Fentanyl
- Codeine
- Hydromorphone

### Strong Opioid Agonists

Which of the following are considered strong opioid agonists? Select all that apply.

- Methadone
- Meperidine
- Morphine
- Codeine
- Hydromorphone
- Oxycodone
- Hydrocodone
- Fentanyl

### Pharmacological Action

What is the pharmacological action of opioid agonist-antagonists?

- Bind to a pain receptor but do not reduce pain signals
- Creates a weak bond to the mu opioid receptors which alters the perception of pain
- Bind to opioid pain receptors in the brain to reduce the sensation of pain
- Bind to pain receptors and cause a weaker pain response than does a full agonist

### Adverse Effects

Which of the following are adverse effects of opioid analgesic drugs? Select all that apply.

- Dysphoria
- Urinary retention
- Tachypnea
- Constipation
- Bradycardia
- Diarrhea
- Respiratory depression
- Tachycardia

### Pharmacological Action

What is the pharmacological action of opioid agonists?

- Bind to a pain receptor but do not reduce pain signals
- Creates a weak bond to the mu opioid receptors which alters the perception of pain
- Bind to opioid pain receptors in the brain to reduce the sensation of pain
- Bind to pain receptors and cause a weaker pain response than does a full agonist