

Week 3 Concept Map Practice. Using the information given in the case study, select four nursing diagnoses for the statement includes a problem, etiology and supporting signs and symptoms.

## NR 226 - Fundamentals - Patient Care

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Esther G. is a 88 year-old retired school teacher who presents to the clinic with complaints of difficulty sleeping. The patient has moved into an assisted living community, after having difficulty completing ADLs independently. She was found wandering the streets in only a bathrobe. Pt states she often lies awake at night, thinking of her husband who passed away 2 months ago. Esther is active in the church, and is frustrated because "they won't let her teach Sunday School anymore" due to her increasing forgetfulness. She reports feeling increasingly lonely, and is "too shy" to meet other residents in the community. No PMH. VS WNL

### Nursing Diagnosis

Impaired Memory r/t difficulty concentrating secondary to sleep disturbances aeb client reports difficulty sleeping and frustrated that church will not allow her to teach Sunday school due to her forgetfulness

### Patient Information

88F. c/c difficulty sleeping. NO PMH. VS WNL.  
↓ ADLs function independently  
• Client reports feeling frustrated bec of forgetfulness  
• Client reports feeling lonely and too shy to meet other residents in the community

### Nursing Diagnosis

Fear r/t loss of control and unpredictable outcome secondary to change or loss of significant other aeb client moved into new assisted living community and states often thinks of husband since his passing two months ago.

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