

Concept Map: (In-class activity.)

Patient initials: M. J.

Age: 62

Male / Female

Medical Diagnoses (2 pts)
Pneumonia

1 Subjective data (2pts)
Patient states, "I am short of breath" and "my chest feels tight". Pain 3/10.

1 Objective data (2pts)
Temp: 101.6F, RR 26, HR: 90, O2 Sat: 92% BP: 132/78 mmhg, decreased breathe sounds in right middle lobe, X- ray infiltrate in right middle lobe

Ineffective Breathing Pattern related to pneumonia as evidenced by SOB, I
Nursing Diagnosis related to..... (6pts)

1 Goal Statement : Patient will increase O2 Stats above 95% before discharge (2pts)

Intervention (2pts)
Elevate HOB

Use Incentive Spirometer

Intervention (2pts)
Coughing and deep breathing exercises

Intervention (2pts)
Hydrate patient

Evaluation: Goals met or Unmet (Please explain in details) (2pts)
Goal met; patient O2 Sat increased to 97% on room by discharge