

Annotated Bibliography Sample Entry

Sarris, J., Sinclair, J., Karamocoska, D., Davidson, M., & Firth, J. (2020). Medicinal cannabis for psychiatric disorders: A clinically-focused systematic review. *BMC Psychiatry*, 20(1), 1-14. [https://doi.org/ 10.1186/s12888-019-2409-8](https://doi.org/10.1186/s12888-019-2409-8)

This study describes trials for the treatment of psychiatric disorders with cannabis and reveals that it has recently been shown to be effective for a wide range of conditions, from PTSD to ADHD. The authors of this article do concede that these trials are early examples and that we do not have a rich history of the correlation, although the trials that have been performed clearly indicate that there likely is a connection that will be further substantiated in coming months and years. What is interesting and relevant about this article, in conjunction with other sources in this annotated bibliography, is that some sources, published in the same year, one in the same month, as this study, contradict these findings by asserting that despite what others have reported about psychiatric use, there is absolutely no proof that it is effective. Therefore, Farris et al. will work well as a rebuttal to those opposing articles for two major reasons. Firstly, Farris et al. employ the scientific method and provide many rich statistics and clear numbers, yet some opponents do not. Finally, when accompanied by my other supporting sources, those that argue in favor of cannabis for mental health, this well-documented study will strengthen the overall arsenal of support for my central argument.