

Survey A. Standard Course Evaluation has been made available to this course. Only one submission will be accepted per respondent.

View Results

Review Test Submission: Exam - Week 10

User: _____
 Course: COUN-6722D-5/COUN-6722-5/COUN-6301S-5-Winter-QTR-Term-wks-1-thru-10-PT41
 Test: Exam - Week 10
 Started: _____
 Submitted: _____
 Due Date: _____
 Status: Completed
 Attempt Score: 25 out of 25 points
 Time Elapsed: 31 minutes
 Results Displayed: Submitted Answers, Incorrectly Answered Questions

- Question 1** 0.5 out of 0.5 points
- Unearned access to resources that is readily available to members of agent groups is known as:
- Selected Answer: B. Privilege
-
- Question 2** 0.5 out of 0.5 points
- An ethnic minority client is silent during the initial phase of counseling. This silence is probably best interpreted as:
- Selected Answer: C. A response consistent with his or her cultural context
-
- Question 3** 0.5 out of 0.5 points
- An therapy, dance/movement therapy, music therapy, and drama therapy are all considered:
- Selected Answer: B. Expressive arts approaches
-
- Question 4** 0.5 out of 0.5 points
- Cognitive-behavioral theories involve cognitive restructuring, coping skills, and problem solving.
- Selected Answer: True
-
- Question 5** 0.5 out of 0.5 points
- An important step in becoming a culturally competent counselor or group worker is gaining awareness of one's own cultural influences.
- Selected Answer: True
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- Question 6** 0.5 out of 0.5 points
- A change agent is:
- Selected Answer: B. Someone who seeks to establish a more equal distribution of power and resources in society
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- Question 7** 0.5 out of 0.5 points
- Which of the following is not consistent with rational emotive behavior therapy?
- Selected Answer: A. Events or other people make us feel bad or good.
-
- Question 8** 0.5 out of 0.5 points
- The counseling profession has fully adapted to the diversity of society.
- Selected Answer: False
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- Question 9** 0.5 out of 0.5 points
- Adherents believe that discouragement:
- Selected Answer: C. is the basic condition that prevents people from functioning.
-
- Question 10** 0.5 out of 0.5 points
- Which of the following are true regarding advocacy as a part of counseling and psychotherapy?
- Selected Answer: B. Advocacy can take place at many different levels from individual to systemic.
-
- Question 11** 0.5 out of 0.5 points
- The central issue in existential therapy is:
- Selected Answer: A. freedom and responsibility.
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- Question 12** 0.5 out of 0.5 points
- All of the following are techniques used in solution-focused therapy, except for:
- Selected Answer: B. Using a reflecting team
-
- Question 13** 0.5 out of 0.5 points
- A client is partaking in cognitive distortion when he or she exaggerates a negative event to the point that the event has more impact than it deserves. What is this called?
- Selected Answer: B. Catastrophizing
-
- Question 14** 0.5 out of 0.5 points
- The concept of triangulation is most associated with:
- Selected Answer: D. Murray Bowen
-
- Question 15** 0.5 out of 0.5 points
- A family system's perspective implies:
- Selected Answer: B. Clients are best understood through the context of their familial roles.
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- Question 16** 0.5 out of 0.5 points
- Two major disorders given a great deal of attention in feminist literature are:
- Selected Answer: D. Eating disorders and post-traumatic stress disorder
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- Question 17** 0.5 out of 0.5 points
- The family life spiral is:
- Selected Answer: B. A developmental model
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- Question 18** 0.5 out of 0.5 points
- Which of the following family therapists is best known for his or her structural approach to treatment:
- Selected Answer: D. Minuchin
-
- Question 19** 0.5 out of 0.5 points
- The cornerstone of the practice of reality therapy is self-evaluation by the client aided by the counselor or therapist.
- Selected Answer: True
-
- Question 20** 0.5 out of 0.5 points
- Teasing out stressors poses a challenge for the family therapist because of the family's:
- Selected Answer: C. Multigenerational issues
-
- Question 21** 0.5 out of 0.5 points
- The founders of solution-focused brief therapy are:
- Selected Answer: A. Insoo Kim Berg and Steve de Shazer
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- Question 22** 0.5 out of 0.5 points
- Regarding multicultural counseling, narrative therapy has been found to be particularly effective because:
- Selected Answer: D. All of the above
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- Question 23** 0.5 out of 0.5 points
- In reality therapy, the skilled counselor or therapist treats behavior as:
- Selected Answer: A. Chosen as a result of unmet wants and needs
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- Question 24** 0.5 out of 0.5 points
- Which of these solution-focused therapy techniques involves asking clients to describe times in their lives they were able to solve their problem or when their problem was less severe?
- Selected Answer: A. The "change" or exception question
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- Question 25** 0.5 out of 0.5 points

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